

# **KANORIA CENTRE FOR MEDICAL EDUCATION**

**KANORIA HOSPITAL AND RESEARCH CENTRE**

(Units of Kanoria Seva Kendra)

## **DIPLOMA IN CLINICAL & COMMUNITY PSYCHOLOGY**

### **DCCP SYLLABUS**

#### **DCCP- 1<sup>st</sup> Year**

Paper	Title	Marks	Min. Passing Marks
T1	Psychopathology	100	50
T2	Clinical Psychology( Inclu. Neuropsychology And Human Development)	100	50
T3	Psycho-diagnostics	100	50
T4	Counselling and Psychotherapy	100	50
P5	Psychodiagnostic Practicals I	50	25
P6	Counselling Practicals I	50	25
P7	Viva Voce	50	25
<b>Total</b>		<b>550</b>	<b>275</b>

50% to 59% = Second Class, 60% to 69% = First Class, 70% and above = Distinction

### **Revised Syllabus**

#### **Paper T1.**

#### **Psychopathology**

- Unit-1:** - Introduction to Psychopathology and Abnormal Psychology
  - DSM Classifications ; Understanding
  - Disorders of childhood and Adolescence, old age.
- **Unit-2:** - Clinical features and management:
  - Stress and Adjustment Disorders
  - Mood Disorders and Suicide
  - Neurotic, Somatoform and Dissociative Disorders
  - Clinical features and management
  - Eating Disorders and Physical Health related Disorders
- **Unit-3:** - Personality Disorders
  - Substance related and other Addictive Disorders
  - Clinical features and management:
    - Sexual Variant, Abuse and Dysfunction
    - Psychiatric Disorders : Schizophrenia and Delusional Disorders
    - Brain Disorders
- **Unit-4:** - Definition, nature, types and characteristics of various disabilities as per PD Act including:

- Mental Retardation
- Learning disabilities
- Visual disabilities
- Hearing and speech disabilities
- Orthopedic and neuromuscular disability
- Cerebral Palsy
- Multiple Disabilities

**Reference :**

1. Kaplan & Sadock –“Synopsis of Psychiatry”, Publ.-Lippincott Williams & Wilkins,
2. Carson-Butcher-Mineka –“Abnormal Psychology and Modern Life”,Publ.-Pearson Education
3. Dr. Mafatbhai Patel -“Asadharan Manovigyan”, Publ.-Gujarat University Granth Nirman Board

**Paper T2.**

**Clinical Psychology (including Neuropsychology and Human Development)**

**Unit-1:** - Introduction : Definition, History and Development

- Functions and work setting of clinical Psychologist
- Clinical Psychologist and related Professions
- Training in Clinical Psychology
- Ethics.
- Models in Clinical Psychology-Psychoanalysis- Interpersonal-Humanism-Behavioral-Cognitive.

**Unit-2:-** Psychological Assessment – Planning-Data Collection- Processing

- Data- Communicating findings
- Intellectual Assessment
- Personality Assessment
- Human Development
- Developmental Aspects:- Cognitive Development, Psychosocial Development, Child Development, Emotional, Physical, Social, Mental Development.

**Unit:3** - Community Psychology

- What is Community Psychology
- Definition & Historical Concepts
- Recent importance of Community Psychology
- Dissatisfaction of Community services

**Unit:4:-** Neuropsychology:

- Brain –Behavior relationship
- Structure and function of brain
- Causes of brain Dysfunction

**Reference:**

1. Jeffrey E. Hecker-“Introduction to Clinical Psychology-Science,Practice and Ethics” Publ.-Pearson Education
2. Dr. Kusumben Bhatt-“Chkitsa Manovigyan Bhag-1” Publ.-Gujarat University Granth Nirman Board

3. Dr. Kusumben Bhatt-“Chkitsa Manovigyan Bhag-2” Publ.-Gujarat University Granth Nirman Board
4. Laura E.Berk- “Child Development”

## **Paper T3.** **Psycho-diagnostics (Theory)**

**Unit-1:** - **Introduction:** Nature and use of tests, Historical Perspective.  
- Selection of diagnostic test, Procedure in diagnostic test  
- Test Construction :-, Data Collections, Analysis, Norms, Reliability, Validity.

**Unit-2:** - **Theories of Cognition**  
- Cognitive Tests :- Wechsler Intelligence Scale for Children (WISC)  
Draw-A-Man Test  
Desai Group Intelligence Test  
Seguin form Board (SFB)

**Unit-3:** - **Inventories** :- 16 PF  
MPI  
MMPI  
Mental Health Battery  
Emotional Intelligence Inventory (EII)  
**Interest Test** : Vocational Interest Inventory (VII)

**Unit-4:** -**Neuropsychological Tests:-** Bender-Visio-Motor-Gestalt Test  
Memory Scales etc.  
**-Psycho-educational Tests:-** Reading Test, Writing Test, Arithmetic Test  
(BCSLD & DTLD)  
**Developmental Schedules:-**Developmental Screening Test.  
Vineland social maturity scale

**Reference:**

1. K.G.Desai –“Manovigyanik Mapan” Publ.- Gujarat University Granth Nirman Board
2. Anne Anastasi –“Psychological Testing” Publ.-Pearson Education
3. Test and inventory manuals

**Paper T4.**  
**Counseling & Psychotherapy (Theory)**

**Unit-1:- Introduction to Psychotherapy & Counseling:** Definition, Objectives, Training & ethical objectives.  
- therapeutic relationship, clients & therapist characteristics, problems and other factors influencing the relationship.

**Unit-2 :- Interview:** Techniques-types of interviews, characteristics of interviews. Interview skills, Limitation of interview, verbal and non-verbal component.

**Unit-3:- Types of Psychotherapy** – Psychodynamic Cognitive therapy, supportive Behavior therapy, Cognitive behavior therapy, short term therapy, crisis Intervention

**Unit-4:- Rehabilitation**

- Nature of Rehabilitation Psychology
- Utilization of psychological knowledge in rehabilitation
- Eligibility for rehabilitation services
- The role of family in rehabilitation
- Rehabilitation of the socially deprived in minority group
- Rehabilitation of physical handicapped
- Deaf and dumb
- Blind persons rehabilitation
- Mentally handicapped

**Reference:**

1. Dr. S. T.Patel –“Salah Manovigyan” Publ.- Gujarat University Granth Nirman Board
2. Dr.Kusumben Bhatt –“Vyaktitvna Sidhanto” Publ.- Gujarat University Granth Nirman Board
- 3.

**Paper P 5.**  
**Psycho –diagnostics – (Practical)**

The trainees will be required to conduct the Psychological testing in the following ways:

Test	No. of cases
IQ & other	4
Observation	4
Interview	4
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Total Cases	12
	@ hours
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Total hours	24rs

They will submit the report on each case to their superior and include all report in journal.

**Paper P 6**  
**Psychotherapy and Counseling**

The trainee will be required to conduct therapy sessions in the following way:

	No.
Children	2
Adolescents	2
Adults	2
Parents	2
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Total	8
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The requirement is minimum five sessions with each case.

Total cases	8
@ 5 Sessions	5
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Total	40 hrs
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- The trainee will be required to conduct clinical observation on children, adolescent, & adults ( all stages of human development)
- The trainee will be required to conduct case history & MSE Session on patient & clients during their hospital & other institutional visit.
- The trainee will be required to report writing of all activities & program as per psychological point of view.
- Journal : The trainee will be required to maintain a journal containing their theoretical -Practical work , on their participation in seminars, meetings and journal club

## **Paper P 7**

### **Viva Voce**

Viva will be conducted for each trainee on the total one year's theoretical and practical work. Evaluation of trainees' personal growth will be part of it.

End.