

# **KANORIA CENTRE FOR MEDICAL EDUCATION**

**KANORIA HOSPITAL AND RESEARCH CENTRE**

(Units of Kanoria Seva Kendra)

## **DIPLOMA IN CLINICAL & COMMUNITY PSYCHOLOGY**

### **DCCP SYLLABUS**

#### **DCCP-2<sup>nd</sup> Year (Exam pattern)**

Paper	Title	Mini. Passing Marks	Marks
T8	Psycho diagnostics II	50	100
T9	Counseling and Psychotherapy II	50	100
P10	Psycho diagnostics (Practical II)	25	50
P11	Counseling and Psychotherapy (Practical II)	25	50
P12	Dissertation	75	150
P13	Viva Voce	50	100
P14	Internship	75	150
	Total	350	700

50% to 59% = Second Class, 60% to 69% = First Class, 70% and above = Distinction

## **Revised Syllabus**

### **Paper T8.**

#### **Psycho-diagnostics (Theory)**

##### **Unit-1: - Theory and types of Cognitive test**

- Wechsler Adult Intelligence Scale (WAIS)
- Bhatia's Test Battery
- Raven's Progressive Matrices (SPM, CPM, APM)

##### **Unit- 2:- Theory and types of Projective tests( TAT & CAT, Rorschach test)**

##### **Unit- 3:- Theory and types of Aptitude & Interest test: DAT( Verbal Reasoning,**

- Mechanical Aptitude, Space Relation. Numerical Aptitude, Clerical
- Speed& Accuracy, Grammar & Language ) &
- Non-verbal preference test (Chatterji's)

##### **Unit-4:- Theory and types of Mental health related test:**

- Anxiety: Sinha Anxiety Scale,
- Stress : Occupational Stress Index ,
- Adjustment: Bell Adjustment inventory
- Achievement Motivation Inventory
- Dysfunction Analysis Questionnaire

##### **Reference:**

1. K.G.Desai –“Manovigyanik Mapan” Publ.- Gujarat University Granth Nirman Board

2. Anne Anastasi –“Psychological Testing” Publ.-Pearson Education
3. All test and inventory manual.

## **Paper T9.**

### **Psychotherapy & Counseling (Theory)**

**Unit-1:-** Group therapy, :Family therapy  
Art therapy  
Music therapy  
Play therapy.  
Therapy as a special condition.

**Unit-2:-** Indian context: Historical perspective of psychological healing method.

- Research in Psychotherapy – Process & Outcome.
- Study habits and life skills.
- Mental Health: Positive-Curative and Preventive.

**Unit-3:-** Community Psychology

- Process for preventive mental illness
- Guidelines for Mental Health Centre, a model for Mental Health Services
- Concept of individual psychology
- Conception of Social Intervention
- Intervention & Community level
- Community self approach
- Models for community changes

**Unit-4:-** Government schemes and policies Legislations:

- Mental Health Act
- PD Act
- RCI Act
- National Trust Act

**Reference:**

1. Dr. S. T.Patel –“Salah Manovigyan” Publ.- Gujarat University Granth Nirman Board
2. Dr.Kusumben Bhatt –“Vyaktitvna Sidhanto” Publ.- Gujarat University Granth Nirman Board

## **Paper P 10.**

### **Psycho –diagnostics (Practical)**

The trainees will be required to conduct the any two Psychological testing from each following categories:

1. **Cognitive test:** - WAIS,  
- Bhatia Battery,  
- Raven’s Progressive Matrices (APM,CPM,RPM)
2. **Projective tests**-TAT  
- CAT

- Rorschach test

**3. Aptitude & Interest test:**

- DAT( Verbal Reasoning, Mechanical Aptitude, Space Relation, Numerical Aptitude, Clerical Speed & Accuracy, Grammar & Language ) &
- Non-verbal preference test (Chatterji's)

**4. Mental health related test:**

- Anxiety: Sinha Anxiety Scale,
- Stress : Occupational Stress Index
- Adjustment: Bell Adjustment inventory
- Achievement Motivation Inventory

Test	No. of cases
IQ & other	6
Projective	6
Observation	6
Interview	6
<hr/>	
Total Cases	24
	@ Hours
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Total hours	48 hrs

They will submit the report on each case to their superior and include all report in journal.

## **Paper P 11** **Psychotherapy and Counseling**

The trainee will be required to conduct therapy sessions in the following way:

	No.
Children	2
Adolescents	2
Adults	2
Parents	2
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Total	8
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The requirement is minimum five sessions with each case.

Total cases	8
@ 5 Sessions	5
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Total	40 hrs

- The trainee will be required to conduct clinical observation on children, adolescent, & adults ( all stages of human development)
- The trainee will be required to conduct case history & MSE Session on patient & clients during their hospital & other institutional visit.
- The trainee will be required to report writing of all activities & program as per psychological point

of view.

-Journal : The trainee will be required to maintain a journal containing their theoretical -Practical work , on their participation in seminars, meetings and journal club

## **Paper P 12** **Dissertation**

The trainees are required to plan, conduct and submit a study report based on their clinical psychology curriculum under supervision.

### **Project work**

The trainees will be divided into small group. Each group will plan and conduct study on psychological testing on large scale and submit individual and group report.

## **Paper P 13** **Viva Voce**

Viva will be conducted for each trainee on the total two years theoretical and practical work. Evaluation of trainees' personal growth will be part of it.

## **Paper P14** **Internship**

The trainee will be required to work independently in an organization for the 4<sup>th</sup> semester (i.e. 3 months) and submit the total report including work done in the field of Psycho diagnostic, Counseling and Psychotherapy with a certificate of attendance from the head of the organization. Attendance in review meetings at Kanoria Centre during the internship period is compulsory.