GUJARAT UNIVERSITY

M. A. Psychology Semester – IV

( PSY 507 )

HISTORY OF PSYCHOLOGY -II

Objectives :
(i) To familiarizing with concepts of History of Psychology
(ii) To Enhance the knowledge and the understanding of the students regarding development of Psychology

<table>
<thead>
<tr>
<th>UNIT</th>
<th>DETAILED SYLLABUS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Unit – I</strong></td>
<td><strong>Psychoanalysis</strong></td>
</tr>
<tr>
<td></td>
<td>1. Contribution of Freudian Psychoanalysis</td>
</tr>
<tr>
<td></td>
<td>Criticism of Freudian Psychoanalysis</td>
</tr>
<tr>
<td></td>
<td>2. Rebs of Freud</td>
</tr>
<tr>
<td></td>
<td>(i) Contribution of Adler’s Individual Psychology</td>
</tr>
<tr>
<td></td>
<td>Criticism of Adler’s Individual Psychology</td>
</tr>
<tr>
<td></td>
<td>(ii) Analytical Psychology of Carl Jung</td>
</tr>
<tr>
<td></td>
<td>Contribution of Jung Analytical Psychology</td>
</tr>
<tr>
<td></td>
<td>Criticism of Jung’s Contribution</td>
</tr>
<tr>
<td><strong>Unit – II</strong></td>
<td><strong>Neo – Freudianism</strong></td>
</tr>
<tr>
<td></td>
<td>1. Contribution of Anna Freud</td>
</tr>
<tr>
<td></td>
<td>2. Contribution of Karen Horney</td>
</tr>
<tr>
<td></td>
<td>3. Contribution of Eric Fromm</td>
</tr>
<tr>
<td></td>
<td>4. Contribution of Harry Stack Sullivan</td>
</tr>
<tr>
<td></td>
<td>5. Contribution of Erik Erikson</td>
</tr>
<tr>
<td></td>
<td>Distinction between Freudian and Neo-Freudian</td>
</tr>
<tr>
<td><strong>Unit – III</strong></td>
<td><strong>Humanistic Psychology</strong></td>
</tr>
<tr>
<td></td>
<td>1. Major Features of Humanistic Psychology</td>
</tr>
<tr>
<td></td>
<td>The Contribution of Rogers</td>
</tr>
<tr>
<td></td>
<td>Contribution of Maslow</td>
</tr>
<tr>
<td></td>
<td>2. Existential Psychology</td>
</tr>
<tr>
<td></td>
<td>(i) Basic tenets of Existential Psychology</td>
</tr>
<tr>
<td></td>
<td>(ii) Major Contributors of Existential Psychology</td>
</tr>
<tr>
<td></td>
<td>3. Existential Neurosis</td>
</tr>
<tr>
<td></td>
<td>4. Criticisms of Existential Psychology</td>
</tr>
<tr>
<td><strong>Unit – IV</strong></td>
<td><strong>Hormic Psychology and Dynamic Psychology</strong></td>
</tr>
<tr>
<td></td>
<td>1. Basic Features of Mc Dougall’s Hormic Psychology</td>
</tr>
<tr>
<td></td>
<td>Contributions of Mc Dougall</td>
</tr>
<tr>
<td></td>
<td>2. Wood Worth’s Dynamic Psychology</td>
</tr>
<tr>
<td></td>
<td>3. Common characteristic in Development of psychology in Different Countries</td>
</tr>
<tr>
<td></td>
<td>4. Features of Psychology</td>
</tr>
</tbody>
</table>

Basic Books :

Reference Books :
ii. Brennan , j.4 2004 History and System of Psychology sixth Edition Delhi person Education
**M. A. Semester- IV**  
*(PSY508)*  
**PSYCHOLOGICAL TESTING - PART II (Theory)**

Objectives:
Aims and Objectives of teaching this paper is to enhance the knowledge and understanding of the students regarding the recent developments in the field of Psychological Testing, which is a fast growing and developing area globally. The students who learn this paper will be well equipped in the various areas of psychological testing which will be helpful to them professionally.

<table>
<thead>
<tr>
<th>UNIT</th>
<th>DETAILED SYLLABUS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Unit – I</strong></td>
<td><strong>Assessment of Learning Disabilities &amp; Related Disorders</strong></td>
</tr>
</tbody>
</table>
|               | - Definition of Learning Disabilities  
               | - Essential features-causes-Assessment  
               | - Individual Achievement Tests        |
|               | - Kaufman Test of Educational Achievement  
               | - Assessment of ADHD                  |
|               | - Assessment of Emotional & Behavioural disorders  
               | - Testing the gifted                   |
| **Unit – II** | **Attitudes, Interests and Values Assessment**                                   |
|               | - Interest Inventories  
               |   - Strong Interest Inventories     
               |   - Jackson Vocational Interest Survey      
               |   - Kuder General Interest Survey  
               | - Career & Work Values Assessment        |
|               |   - Minnesota Importance Questionnaire                  
               |   - Work Values Inventory           |
|               |   - Values Scale                             
               |   - Assessment of Career Development      |
|               | - Attitudes & their Assessment                |
|               |   - Assessment of Attitudes                  |
|               |   - Approaches of Attitude Assessment         |
|               |   - Questionnaires in Attitude Assessment      |
|               |   - Issues in Attitudes Assessment            |
| **Unit – III**| **Structured Personality Assessment**                                         |
|               | - Origins – Popularity – Classification  
               | - The Rorschach Inkblot Technique       |
|               | - Thematic Apperception Test                   |
|               | - Self – Report Inventories                    |
|               |   - Sixteen Personality Factors Questionnaire 
               |   - Eysenck Personality Questionnaire    |
|               |   - NEO Personality Inventory- Revised        |
|               | - Criterion Keyed Inventories                 |
|               |   - Minnesota Multiphasic Personality Inventory – 2 (MMPI – 2)                  |
|               |   - California Psychological Inventory (CPI) |
| **Unit – IV** | **Computerized Assessment**                                                        |
|               | - Computers in Testing Overview & History    |
|               | - Advantages & Disadvantages of Computerized Testing & Report Writing            |
|               | - Feature of Testing                       |
|               | - Issues Shaping the field of testing        |
|               | - Professional Issues                       |
|               | - Moral Issues                             |
| Social Issues |
| Responsibilities of test publishers |
| Responsibilities of test users |

**Recommended Books Basic Book**


**Reference Books**

**M. A. Semester- IV**  
**PSY 509**  
**POSITIVE PSYCHOLOGY - II**

Objectives:
1. To provide information about subject matter of positive Psychology  
2. To provide conceptual aspects of positive psychology

<table>
<thead>
<tr>
<th>UNIT</th>
<th>DETAILED SYLLABUS</th>
</tr>
</thead>
</table>
| **Unit – I** | **Personal Goals as Windows to Wellbeing**  
1. Personal Goals  
   (i) Defining Personal Goals  
   (ii) Measuring Personal Goals  
2. Types of Goal  
   (i) Intrinsic V/S controlled Goal  
   (ii) Physical V/S self-Transcendent goals |
| **Unit – II** | **Self Regulation and Self – Control**  
1. Self Regulation  
   (i) Planning for self regulation success  
   (ii) Why planning helps  
2. Self Control  
   (i) The Values of self control  
   (ii) Everyday expiations for self control failure  
   (iii) Excuses – What makes a good excuse – Advantages and Disadvantages of excuse |
| **Unit – III** | **Positive Traits**  
1. Positive Traits  
   (i) What makes a trait positive?  
   (ii) Personality and Happiness : The “Big Five”  
2. Positive Beliefs  
   (i) The World Through happy and Unhappy eyes  
   (ii) Self – Esteem and Happiness |
| **Unit – IV** | **Life about Zero**  
1. Contours of a Positive Life  
   (i) Meaning  
2. Means  
   (i) Using Positive Psychology to Treat Depression  
   (ii) Increasing Psychological Well being  
   (iii) East – West and Positive Psychology |

Basic Books:

Reference Books:
M. A. Semester- IV  
(PSY510 )  
STATISTICAL INference - II

Objectives :
(i) To familiarizing with concept of statistical inference  
(ii) To Enhance the knowledge and understanding of students regarding various methods of statistical analysis  
(iii) To develop the skills of calculation and inference of results

<table>
<thead>
<tr>
<th>UNIT</th>
<th>DETAILED SYLLABUS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unit – I</td>
<td>Regression and Prediction</td>
</tr>
<tr>
<td>Unit – II</td>
<td>Special Correlation methods</td>
</tr>
<tr>
<td></td>
<td>(i) Biserial 'r'</td>
</tr>
<tr>
<td></td>
<td>(ii) Point beserial 'r'</td>
</tr>
<tr>
<td>Unit – III</td>
<td>Partial and Multiple Correlation</td>
</tr>
<tr>
<td>Unit – IV</td>
<td>(i) Contingency Coefficient</td>
</tr>
<tr>
<td></td>
<td>(ii) Tetrachoric correlation</td>
</tr>
<tr>
<td></td>
<td>(iii) Phi – Coefficient</td>
</tr>
</tbody>
</table>

Books:
M. A. Semester- IV  
(PSY511EA)  
HUMAN RESOURCE DEVELOPMENT- II

Main Objective:

The scheme of question paper:
1. The paper consist of four units
2. Each unit should be given equal weightage in examination.
3. Total Marks: 70

<table>
<thead>
<tr>
<th>UNIT</th>
<th>DETAILED SYLLABUS</th>
</tr>
</thead>
</table>
| Unit – I | Nature and Concept of Human Resource Management and Human Resources Planning  
- Introduction  
- Human resource management - history  
- Human resource management and change management  
- Essential skills for an human resource manager  
- Objectives of human resource planning  
- Factors affecting human resource planning  
- The process of human resource planning |
| Unit – II | Job Analysis and Design  
- Introduction  
- Objectives of job analysis  
- Process of job analysis  
- Methods of job analysis  
- Job description  
- Job specification  
- Job Evaluation  
- Job Design |
| Unit – III | Recruitment and Selection  
- Introduction  
- Factors affecting recruitment  
- Constraints and challenges in recruitment process  
- Process of recruitment  
- Sources of recruitment  
- Steps in the process of selection |
| Unit – IV | Employee Motivation, Incentives Plans, Compensation Packages  
- Introduction  
- Basic motivational process  
- Content theories f work motivation  
- Applicative of motivational concept  
- Objectives of compensation planning  
- How is compensation used? |
Psychological contract

Basic Book


Reference Book

• Garfield S.L. (1995); Psychotherapy : an elective integrative approach, 2nd Ed. John Wiley And Sons, USA.
Objectives:
Aims. and Objectives of teaching this paper is to enhance the knowledge and understanding of the students regarding the recent developments in the field of Clinical Psychology, which is a fast growing and developing area globally. In case, the students want to practice as a Clinical Psychologist in a hospital or work with other professionals of Mental Health team, he can be equipped with these basics.

<table>
<thead>
<tr>
<th>UNIT</th>
<th>DETAILED SYLLABUS</th>
</tr>
</thead>
</table>
| Unit – I | **What is Psychotherapy**  
- Individual Psychotherapy  
- Group Psychotherapy  
- Psychodynamic Psychotherapy |
| Unit – II | **Client Centred Therapy of Carl Rogers**  
**Cognitive – Behaviour Therapy** |
| Unit – III | **Issues unique to Clinical Child Psychology**  
- Classification  
- Assessment  
- Treatment  
- Future of Clinical Child Psychology |
| Unit – IV | **Forensic Psychology**  
- Definition  
- Psychology and Law  
- Psychology and Criminal Law  
- Training and Certification in Forensic Psychology  
**Professional Issues in Clinical Psychology**  
- Professional Training  
- Professional Ethics  
- Future directions in Clinical Psychology |

References:
- Hecker, J. & Thorpe, G. (2005), Introduction to Clinical Psychology Science, Practice and Ethics, New Delhi; Pearson Education Inc.
M. A. Semester- IV
(PSY512PT)
Project work: (Only For Regular Students)

General Guideline for project work:

1. Area and topic to be selected in consultation with the Head and concerned faculty.
2. Project work should be based on primary date collection.
3. Project work should have analysis of data along with other standard inputs.
4. Project report should not be less 50 typed pages
5. The assessment of project work:
   
   30 Marks for internal
   70 Marks External (50 Report and 20 Viva-voice)
## Introduction of Psychology of Personality
- Meaning of Personality
- Theoretical Approaches to Personality
- Methodological viewpoints
- Idiographic and Nomothetic Approach
- Data of Personality Psychology
- Types Approach: A General Interpretation
- Trait Approach: A General Interpretation

## Determinants of Personality
- Biological or Physical determinants
- Psychological determinants
- Environmental determinants
- Social determinants
- Educational determinants
- Family determinants
- General conclusion about determinants of Personality

## Development of Personality
- Meaning of Personality Development
- Methods of Studying development of Personality
- Process of Personality Development
- Theoretical Explanation of Personality Development
- Meaning and Nature of Self
- Determinants of development of Self
- Theories of Development of Self

## Measurement of Personality
- Personality Inventories
- Projective Methods
Observational Methods
General Conclusion regarding measurement of Personality

Reference Books:
(1) Psychology of Personality, Dr. Arunkumar Sinh, Delhi.
(2) Personality, Adjustment, Measurement and Clinical Diagnosis, Dr. Arvindrai N. Desai, University Granth Nirman Board.
(3) Personality- Theory, Assessment and Research – Robert J. Gatcheli, Frederic. G.